

Course Specification

Master of Education Program in Psychological

LEVEL	COURSE NAME	CODE	DESCRIPTION
FIRST	Theories of Counseling Psychology	PSY 601	<p>The course deals with the concept of theory in the field of psychological counseling, the importance of theory in psychological counseling, the specifications of a good theory, the most important theories used in the field of psychological counseling and education , the comparison of theories and the most similar and different areas among them, identifying the techniques used in each theory and the practical applications of theories and the pros and cons of each theory and its suitability to the Arab society.</p> <p>The course also aims at familiarizing the learner with the most important theories of psychological and educational counseling, their nature, their characteristics, and the philosophical and historical origins of each theory in addition to the differences and the similarities between theories, and the importance of the theory in counseling and the descriptions of a good theory.</p>
	Educational Research Methods	PSY 602	<p>The course deals with the research methods in behavioral sciences and the development of the skills necessary to conduct research in the field of student specialization. This is done by reviewing the common research methods and methods in behavioral sciences, as well as taking the steps of scientific research starting with testing the problem and ending with discussing the results and recommendations.</p> <p>Students acquire skills in designing, criticizing and analyzing all types of educational research. It also aims at empowering the student with the skills of scientific research and education sciences.</p>

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	Fields of Psychological Counseling	PSY 604	<p>The course deals with the introduction to the fields of psychological counseling: definition, objectives, identification of the field of educational, career and family counseling, identification of guidance field for children, youth and elderly people, identification of the field of counseling for special groups (the privileged, the disabled and those with learning disabilities).</p> <p>The course aims at familiarizing the student with the importance of psychological and educational guidance in human life and identifying its fields in terms of individual activity in life and according to the stages of life and special categories.</p>
	Psychological Disorders	PSY 605	<p>This course introduces students to their behavior, judgment, evaluation, and ability to distinguish between normal and abnormal behavior using the various relevant parameters. As well as familiarity with the details of the process of psychological diagnosis, and application.</p> <p>After studying this course, students can compare the types of psychological and mental disorders - to analyze the causes of psychological and mental disorders - to distinguish between the symptoms of neurodegenerative disorder and mental disorders - to draw the most important symptoms that can be examined by psychological tests - to link the symptoms in order to identify a proposed diagnosis using psychological tests.</p>

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SECOND	educational statistics	PSY 603	<p>The course deals with the basic knowledge and skills of quantitative analysis, the basic concepts and concepts of educational statistics. It also includes a review of some descriptive statistical methods, in addition to the definition of statistical methods and methods, and training on how to use the SPSS program in data processing.</p> <p>The course aims to introduce the student to the entrance of educational statistics, and how to use the statistical methods of scientific and non-scientific in the processing of data in order to analyze and know the significance of these results statistically.</p>
	Methods of Psychological counseling	PSY 606	<p>The course includes a general description of psychological guidance methods: What, history, need, advantages, disadvantages, types of groups, foundations, use of them. Psychological guidance basics: Direct guidance, indirect guidance, behavioral guidance, individual guidance and group guidance: Group effectiveness, guided group leadership, group leadership patterns, group guidance, group leader personal qualities, group leader skills. Basic Group Mentoring Actions: -Advisor group configuration-announces the group guidance service -selects the appropriate individuals to join the guided group -determines the method of participation -determines the number, duration, and location of sessions -prepares for member participation in the group. Stages of the Group Mentoring Process: Start-Transition-Performance-Final Phase.</p>
	Behavioral Cognitive Counseling	PSY 607	<p>The course deals with the principles and foundations of behavioral therapy and its steps. It also includes the study of the bases and principles on which cognitive therapy is based on its different orientations. The course deals with the study of behavioral methods in counseling such as reinforcement, excrement, reduction of gradual sensitivity, training, Cognitive methods in dealing with anxiety, depression and</p>

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			stress problems. The course also aims to familiarize students with the basics of cognitive-behavioral counseling, its foundations, its applications and the challenges it faces.
	Behavior Modification	PSY 608	The course deals with the concept of behavior modification, and the basic concepts related to it and its different fields. The course also deals with the theories of behavior modification and how to define and measure behavior, as well as strategies to modify the behavior and methods used to form good behavior, in addition to the course dealing with the methodology of research in the modification of behavior and the basic steps of behavioral modification programs. Finally, the course deals with the ethics of the psychological and educational counselor, and how to overcome them.
	Training and Professional DEVELOPMENT	LED 604	This course introduces the concepts of training, preparation, qualification and training. The course deals with training strategies, theories and strategies. It also deals with strategies for training teachers both directly and remotely, identifying training needs, designing programs and training bags, training methods and evaluation, the qualities of the successful trainer, training culture and its impact on modern educational improvements. Teachers in Saudi Arabia.
	Counseling for People with SPECIAL NEEDS	SPED 606	This course aims to provide the student with the necessary skills to deal with people with special needs, as well as the knowledge and diagnosis of their problems and disorders, as well as training the student on how to provide extension services for people with special needs within the areas of family guidance, By providing vocational guidance and

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			choosing the right profession for them that fulfills the social roles of this group in society.
THIRD	Psychotherapy	PSY 609	<p>The course deals with the concept of psychotherapy, its history, theories, and the applications of each theory; emphasizing the ethics of psychotherapy, and the specifications that should characterize the therapist. As well as a review of the concepts of evidence-based psychotherapy and the identification of evidence-based therapeutic models for a variety of mental disorders.</p> <p>The course also aims to introduce students to psychotherapy, its history, theories, and the applications of each theory, with emphasis on the ethics of psychotherapy and the specifications that the therapist should have. As well as a review of the concepts of evidence-based psychotherapy and the identification of evidence-based therapeutic models for a variety of mental disorders.</p>
	Interviewing Skills in Psychological Counseling	PSY 610	The course deals with the concept of interview, historical development, types, steps, skills, principles, procedures and stages of the interview in the field of psychological counseling, the challenges facing the interview, as well as training the student in interview skills. The course aims to familiarize the student with the basis of the interview in the field of psychological and educational guidance, and the skills required to implement them.
	Addiction Psychology	PYS 611	The course deals with the concept of addiction and drug use disorders, diagnostic tests, clarifying the steps of assessment and diagnosis and the most important preventive measures used to prevent relapse, causes and treatment, and also

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			identify the most specialized institutions available in the care and treatment of addicts and therapeutic intervention techniques and guidance.
	Career Counseling	PSY 612	The course deals with the topics of vocational guidance, educational and vocational selection, educational and vocational qualification, and discusses the value, importance and objectives of professional guidance and its relation to industrial psychology. It helps the student gain the ability to analyze the individual and work within the framework of knowledge of individual differences and differences in business requirements so that he can direct the individual to study or work that predicts success in it.
	Seminar On Psychological Counseling	PSY 695	The course offers a number of tasks that will help the student to produce a research plan that will serve as a road map for his research project. He will discuss with his teacher and his colleagues every step of the plan. In the end, he presents a research plan that is a nucleus and a framework for his research project. The student walks with a professor step by step. He sets out his topic first, and then begins to construct it, starting with the study introduction, then the problem, then the objectives, terminology and methodology. The student continues through what he wrote in each of the previous steps.
	Field Training In Psychological Counseling	PSY 696	This course includes the employment of the studied courses in psychological and educational guidance within the various training institutions (schools, colleges, institutes of social and intellectual care ...) and the implementation of the guidance programs under the supervision of one of the faculty

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			<p>members during the entire semester.</p> <p>The course aims to familiarize the student with applied practical field training under the supervision of a specialist from the college on the procedures of psychological counseling and pedagogy in the various training institutions. Training in the planning and implementation of a mentoring and participation program (with the participation of the specialized supervisor).</p>
FOURTH	Research Project	PSY 698	<p>This course focuses on giving students the opportunity to develop and apply new ideas based on the knowledge, skills and experience gained in psychological guidance, and the subject matter and procedures of the research project are determined with the course teacher, in coordination with the department. The course aims to provide students with scientific research skills by studying a real problem based on quantitative or qualitative scientific research methods, or by designing or developing educational software based on educational design principles to solve a real educational/training problem.</p> <p>The course aims to provide students with scientific research skills by studying a real problem based on quantitative or qualitative scientific research methods, or by designing or developing educational software based on educational design principles to solve a real educational/training problem.</p>