

Curriculum Vitae

Personal Data



Name	Thamer Ahmad Abdul Kareem Altam				
Date of Birth	24 Aug 1985	Nationality	Jordan	Religion	Islam
Marital Status	Married	Age	36	ID Number	
e-mail (@ju.edu.sa)	taaltam@ju.edu.sa	Mobile	0554053773	Work Phone no. (Internal phone number)	6990
College	Applied Medical Sciences	Department	Physiotherapy	Degree Institute/ Date	Sheffield University 23 Aug 2015
Highest degree	PhD in Physiotherapy	General specialty	Physiotherapy	Detailed specialty	Musculoskeletal
Number of Publications	12	website link	shorturl.at/prEMZ	Scientific Title	Assistant Professor
SCOPUS ID	57210643136	Research-gate link	https://www.researchgate.net/profile/Thamer-Altam		
Google Scholar Link	https://scholar.google.com/citations?user=Z67id_cAAAAJ&hl=en&oi=ao		WOS ID	L-2243-2018	

Education (Bachelor, Master, PhD, Other)

No.	Qualification	Date	Degree	University	Collage	Scientific Department	Specialization	
							General	Specific
1	PhD degree	2015	Pass without any corrections	Sheffield University	ScHARR	Physiotherapy	Physiotherapy	Musculoskeletal
2	Master's degree	2011	Merit (Very good)	Sheffield Hallam University	Physiotherapy	Physiotherapy	Physiotherapy	Musculoskeletal
3	Bachelor's degree	2007	2.7	Jordan University	Physiotherapy	Physiotherapy	Physiotherapy	Physiotherapy

Employment Qualifications

Job	Job Title	University Degree	Workplace	Date		Work duty	Years of Experience
				From	To		
Academic	Assistant Professor in Physiotherapy	PhD	College of Applied Medical Sciences	2016	Now	Teaching	5
	Lecturer	Master	ScHARR, The University of Sheffield	2012	2015	Specialized visiting lecturer in the physiotherapy skills module	3
Other	Physiotherapist	PhD, MSc, Bachelor	Spine Care Jordan	2015	2016	Helping patients recover from accident, illness or injury.	1
	Physiotherapist	MSc, Bachelor	High Court Physiotherapy, UK	2011	2014	Helping patients recover from accident, illness or injury.	4
	Physiotherapist	Bachelor	Ministry of Health Hospitals	2007	2008	Helping patients recover from accident, illness or injury.	2

Courses & Teaching Skills (Last three years)

No.	Course Name	Course Code	Credit Hours	Year
1	Introduction to Clinical Studies	RHS 231	2	2019-21
2	Clinical Studies 1	RHS 331	4	2019-22
3	Musculoskeletal Physical Therapy for upper quadrant	PTR 341	3	2020
4	Orthopedics Surgery and Rehabilitation Technologies	BMTE 438	2	2019-21
5	Selected Topics 1	RHS 434	2	2020
6	Techniques in Medical rehabilitation	RHS 422	2	2021
7	Pharmacology	RHS 366	2	2019-21
8	Occupational Therapy	RHS 425	2	2019-21
9	Radiology	RHS 463	3	2019-21
10	Physical Therapy for Sport Injuries (1)	PTR 491	2	2021
11	Physical Therapy for Sport Injuries (2)	PTR 492	2	2022

12	Clinical Practice (3)	RHS 433	3	2022
13	Independent Study (1)	RHS 481	2	2022
14	Physical Therapy Techniques 2	RHS 322	3	2019-20
15	Physical Therapy Techniques 1	RHS 321	3	2019
16	Electro-physical Modalities	PTR 221	3	2019
17	Introduction to Physical Therapy Procedures	RHS 221	3	2019
18	Hydrotherapy	RHS 327	3	2019
19	Introduction to Biomechanics	BMTE 228	2	2019
20	Therapeutic Exercises	PTR 223	3	2019
21	Kinesiology	RHS 341	3	2019
22	Biomechanics I	PTR 331	3	2020

23	Introduction to sport physical therapy	PTR 344	3	2020
24	Pharmacology	APPH 351	2	2020

Participation in scientific conferences and symposiums (Last three years)

No.	Title of the conference or symposium or workshops	Held in	Year
1	Global Physiotherapy Online Conference 2022	Global Physio, United Kingdom	2022
2	6 th Annual MENA Physical Medicine and Rehabilitation Congress	Dubai, UAE	2021
3	Physiotherapy Jordan	Israa University, Amman, Jordan	2019
4	Neurodynamic for upper extremities	Ministry of Health, Saudi Arabia	2021
5	Mobilization techniques for upper and lower extremities	Ministry of Health, Saudi Arabia	2020
6	Introduction to manual therapy techniques	Israa University	2019

Supervision of undergraduate

No.	Thesis Title	Degree		University	Year	Collage	Department
		M.Sc.	Ph.D.				
1							

Membership of specialized committees and associations

No.	Committee	Period	Place
1	Chartered Society of Physiotherapy in the UK	2011-Now	London, The United Kingdom
2	Health and Care Professions Council in the UK	2011-Now	London, The United Kingdom
3	Jordanian Physiotherapy Society in Jordan	2007-Now	Amman, Jordan
4	Health Services Research ethics committee	2015-Now	King Abdulaziz City for Science and Technology, Saudi Arabia

Training courses and workshops (Last three years)

No.	courses / workshop	Held in	Year
1	Switching to creative learning strategies and organization development	Naseej Academy	2021
2	Scientific construction of questionnaires as a tool of gathering data	SDL	2020
3	Neurodynamic for upper extremities	Ministry of Health, Saudi Arabia	2021
4	Mobilization techniques for upper and lower extremities	Ministry of Health, Saudi Arabia	2020
5	Introduction to manual therapy techniques	Israa University	2019
6	Effective electronic teaching skills	Jouf University	2019
7	Preparing and publishing scientific papers	Jouf University	2019
8	Flipped learning	Jouf University	2019
9	Measuring learning outcomes	Jouf University	2019

10	Publishing in ISI journals	Jouf University	2019
11	They say I say: How to write apaper	Jouf University	2019
12	Students academic counseling according to international standards	Jouf University	2019
13	Academic requirement to obtain NCAAA for bachelor programs	Jouf University	2019
14	Systematic Literature Reviews	Jouf University	2019
15	Critical constructive assessment	Jouf University	2020
16	Preparing course file	Jouf University	2021
17	The ten habits of successful individuals	Jouf University	2021
18	Real Sense	Nassej Academy	2021

Awards and honors

No.	Award	Awarded by	Specialization	Period
1	Outstanding reviewer award	Elsevier, Amsterdam, The Netherlands	Medical research	2019
2				
3				

Community, cultural and volunteer contributions (Last Three Years)

No.	activity	Type of activity	Year	Country
1	Mobilization techniques for upper and lower extremities	Workshop	2020	Saudi Arabia
2	Neurodynamic for upper and lower extremities	Workshop	2021	Saudi Arabia
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Scientific Publications (Last Three Years)

No.	Title	Journal	Year	ISI or Scopus	DOI
1	Swathi, T., Subramanian, S., Gaowgeh, R., Altam, T. (2022). Efficacy of neck retraction exercises with ultrasound therapy versus muscle energy technique on patients with mechanical neck pain having forward neck posture using neck disability index – A comparative study. Research Journal of Pharmacy and Technology. Vol. 15 (8).	Research Journal of Pharmacy and Technology	2021	Scopus	
2	Subramanian, S., Gaowgeh, R., Altam, T., Neamatallah, Z., Alfawaz, S., Maayah, M. (2021). Addition of Cognitive Behavioral Therapy with Motor Control Exercises on Pain and Function in Elderly Individuals with Chronic Low Back Pain. Journal of Pharmaceutical Research International. Vol. 33(60A): 898-903	Journal of Pharmaceutical Research International	2021	ISI	
3	Ahmad, Z., Subramanian, S., Abudaheer, S., Gaowgeh, R., Altam, T. (2021). Effectiveness of myofascial release technique versus McKenzie technique on pain and functional disability in mechanical low back pain. HTL. Vol. 27 (8), 806-905	HTL	2021	Scopus	
4	Subramanian, S., Subramanian, M., Gaowgeh, R., Maayah, M., Neamatallah, Z., Altam, T., Alfawaz, S., Alkhateeb, A. (2021). The Impact of Strengthening Exercise on Dynamic Balance in Patients with Knee Osteoarthritis. P J M H S. Vol. 15 (10), 3429-3431	P J M H S	2021	ISI	https://doi.org/10.53350/pjmhs2115103429
5	Gaowgeh, R., Subramanian, S., Maayah, M., Alfawaz, S., Neamatallah, Z., Altam, T. (2021). Level of Knowledge of Sports Coaches and Physical Education Teachers in Physical Therapy in Jordan. Journal of Pharmaceutical Research International. Vol. 33 (56A), 105-112	Journal of Pharmaceutical Research International	2021	ISI	

6	ALTAIM, T. and LeRoux, B. (2019). The 10-cm Visual Analogue Scale for Pain: A Proposal. Journal of Advanced Pharmacy Education & Research, Vol. 9 (2), 1-6	Journal of Advanced Pharmacy Education & Research	2019	Scopus	
7	Ahmad, S., Ijaz, S. and Altam, T. (2019). Comparing the effects of Maitland's Mobilization Versus Mulligan's Mobilization in Anterior and Posterior Innominate Dysfunctions. JIIMC, Vol. 14 (2), 81-92.	JIIMC	2019	ISI	

Service as Reviewer in Journals

No.	Name of Journal
1	Journal of musculoskeletal physiotherapy science and practice
2	Journal of Back and Musculoskeletal Rehabilitation
3	Journal of Patient-Reported Outcomes