

## Curriculum Vitae

### Personal Data

Picture

<b>Name</b>	<b>Heba Ahmed Bahey El-Deen</b>				
<b>Date of Birth</b>	<b>13-6-1971</b>	<b>Nationality</b>	<b>Egyptian</b>	<b>Religion</b>	<b>Eslam</b>
<b>Marital Status</b>	<b>Married</b>	<b>age</b>	<b>51</b>	<b>ID Number</b>	<b>2421731106</b>
<b>e-mail (@ju.edu.sa)</b>	<b>hbahey@ju.edu.sa</b>	<b>Mobile</b>	<b>0598185095</b>	<b>Work Phone no. (Internal phone number)</b>	<b>6426</b>
<b>College</b>	<b>Applied Medical Sciences</b>	<b>Department</b>	<b>Physical Therapy</b>	<b>Degree Institute/ Date</b>	
<b>Highest degree</b>	<b>PhD/ 2008</b>	<b>General specialty</b>	<b>Physical Therapy</b>	<b>Detailed specialty</b>	<b>Physiotherapy for surgery and burn</b>
<b>Number of Publications</b>	<b>18</b>	<b>website link</b>		<b>Scientific Title</b>	<b>Associate Professor</b>
<b>SCOPUS ID</b>	<b>57222021344</b>	<b>Research-gate link</b>	<b><a href="https://mail.google.com/mail/u/0/#inbox/FMfcgzGmvBwbWmrwhcxrjcSWfMthwBjt">https://mail.google.com/mail/u/0/#inbox/FMfcgzGmvBwbWmrwhcxrjcSWfMthwBjt</a></b>		
<b>Google Scholar Link</b>	<b><a href="https://scholar.google.com/citations?user=SGbHF04AAAAJ&amp;hl=ar">https://scholar.google.com/citations?user=SGbHF04AAAAJ&amp;hl=ar</a></b>		<b>WOS ID</b>		

### Education (Bachelor, Master, PhD, Other)

No.	Qualification	Date	Degree	University	Collage	Scientific Department	Specialization	
							General	Specific
1	Bachelor	1992	Very Good	Cairo University	Physical Therapy	Physical Therapy for surgery	Physiotherapy	Surgery & Burn
2	Master	2002	Very Good	Cairo University	Physical Therapy	Physical Therapy for surgery	Physiotherapy	Surgery & Burn
3	PhD	2008	Very Good	Cairo University	Physical Therapy	Physical Therapy surgery	Physiotherapy	Surgery & Burn
4	Diploma in physical medicine and physiotherapy	2007	Very Good	Cairo University	National Institute of Laser Enhanced Sciences	physical medicine and physiotherapy	-----	----- --
5	Foundation certificate in <u>Business Administration</u>	2012	Very Good	America University in Cairo	Continuous Education Center	Continuous Education Center	----- --	----- --
6	Career Certificate in <u>Management</u>	2014	Very Good	America University in Cairo	Continuous Education Center	Continuous Education Center	----- --	-----

### Employment Qualifications

Job	Job Title	University Degree	Workplace	Date		Work duty	Years of Experience
				From	To		
Academic	Associate Professor	PhD	Misr University for Science and Technology	2014	-----	Head of department of physical therapy for surgery & burn	7 years
Other	Clinical Practitioner	Bachelor	Health Insurance Hospital	1994	2000	Clinical Practitioner	6 years

### Courses & Teaching Skills (Last three years)

No.	Course Name	Course Code	Credit Hours	Year
1	Pharmacology	APPH351 RHS366		
2	Physical procedures3	RHS323		
3	Physical procedures1	RHS321		
4	Therapeutic exercises	PTR223		
5	Physical therapy for surgical conditions of neuromuscular system	PTR351		
6	Clinical selected topics	RHS434		
7	Management of physical therapy services	RHS423		
8	Clinical studies3	RHS431		

<b>9</b>	<b>Medical rehabilitation procedures</b>	<b>RHS422</b>		
<b>10</b>	<b>Geriatric physical therapy Geriatric Rehabilitation</b>	<b>RHS424 PTR485</b>		
<b>11</b>	<b>Physiology</b>	<b>PHYS211</b>		
<b>12</b>	<b>Physiology for physical therapy</b>	<b>PTR214</b>		
<b>13</b>	<b>Medical aspects of disability conditions</b>	<b>RHS442</b>		
<b>14</b>	<b>Advanced procedures of physical therapy</b>	<b>RHS421</b>		

**Participation in scientific conferences and symposiums (Last three years)**

No.	Title of the conference or symposium or workshops	Held in	Year
<b>1</b>	<b>Symposium of international day of physiotherapy</b>	<b>College of Applied medical Sciences</b>	<b>2018-2019</b>
<b>2</b>	<b>Symposium of international day of physiotherapy</b>	<b>College of Applied medical Sciences</b>	<b>2021</b>

### Supervision of undergraduate

No.	Thesis Title	Degree		University	Year	Collage	Department
		M.Sc.	Ph.D.				
1	Effect of aerobic exercises on pulmonary functions in hemodialytic patients.	√		Cairo University	2015-2018	physiotherapy	Physiotherapy in cardiopulmonary and geriatrics
2	Graduation project research	40 students		Jouf University	2016-2022	College of Applied medical Sciences	Physical therapy and health rehabilitation

### Membership of specialized committees and associations

No.	Committee	Period	Place
1	Member of exams unit	2016-2022	College of Applied medical Sciences
2	Member of refinement for academic and non-academic issues committee	2019-2022	College of Applied medical Sciences
3	Member of peer Committee	2018-2022	College of Applied medical Sciences
4	Member scientific research committee	2018-2021	College of Applied medical Sciences
5	Member of Internal auditing committee	2021-2022	College of Applied medical Sciences
6	Member of independent verification committee	2021-2022	College of Applied medical Sciences
7	Member of scientific volunteering work	2020-2022	Jouf University

### Training courses and workshops (Last three years)

No.	courses / workshop	Held in	Year
1	Course of effective presentation skills	Cairo university	2019
2	Course of evidence based strategy in medical practice	Cairo university	2019
3	Course of critical thinking	Cairo university	2019
4	Course of academic advising	Jouf university	2020
5	Course of ethics of scientific research	Jouf university	2020
6	E. learning strategies	Jouf university	2020
7	Teaching and learning strategies	Jouf university	2020
8	Systematic review	Jouf university	2020
9	Accreditation Management	Jouf university	2020
10	Strategic plan	Jouf university	2020
11	Student evaluation procedures	Jouf university	2020
12	Organizational key performance indicators	Jouf university	2020
13	Program key performance indicators	Jouf university	2020

### Awards and honors

No.	Award	Awarded by	Specialization	Period
1				
2				
3				

### Community, cultural and volunteer contributions (Last Three Years)

No.	activity	Type of activity	Year	Country
1	International day of diabetes	Community	39-40 40-41	KSA
2	Diabetic foot day	Community	40-41	KSA
3	International day of breast cancer	Community	40-41	KSA
4	Risk factors of neck pain and disability	Community	40-41	KSA
5	International day of Physiotherapy	cultural	39-40 40-41	KSA

### Scientific Publications (Last Three Years)

No.	Title	Journal	Year	ISI or Scopus	DOI
1	Effect of buteyko breathing on modulation of acid base balance among asthmatic patients	Bioscience Research	2019	non	
2	Effect OF aerobic exercises and Inspiratory Muscle Training on Pulmonary Functions and Muscle Strength in Hemodialysis Patients	Bioscience Research	2019	non	
3	Effect of High-Power Laser on Shoulder Mobility in Sub Acromial Impingement Syndrome: Randomized Controlled Trial	J. Environ. Treat. Tech.	2020	Scopus	
4	The Impact of Primary Dysmenorrhea on The Level of Physical Activity among College age Students	Indian Journal of Public Health Research & Development	2020	non	
5	Effect of Electromyogram-Triggered Stimulation Versus Alternating Electromyogram Stimulation on Hand Functions in Chronic Stroke Patients.	Polish Journal of Physiotherapy	2020	Scopus	
6	Topical Anesthesia versus Hand Weight Bearing on Modulating Upper Limb	Indian Journal of Public Health Research & Development	2021	non	



	Spasticity in Hemiplegic Children				
7	Low-level laser therapy (photobio-modulation) versus hyperbaric oxygen therapy on healing of chronic diabetic foot ulcers: a controlled randomized trial	Physical Therapy Reviews	2021	Scopus	
8	Influence of Biofeedback Training Time on Muscle Torque and Knee Excursion Following Semitendinosus Release in Spastic Quadriplegic Children with Cerebral Palsy: A Randomized Controlled Trial	Polish Journal of Physiotherapy	2021	Scopus	

### Service as Reviewer in Journals

No.	Name of Journal
1	<b>International Journal of Therapy and Rehabilitation</b>
2	<b>Delta University Scientific Journal</b>