

MENTORING LEADER PORTFOLIO

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MENTORING LEADER KEYWORDS

- Precise.
- Coach.
- Friendly.
- Exciting.
- Goals.
- Development.



PROFESSION AND INTERESTS

- Teaching assistant at Jouf University, Saudi Arabia.
- Ph.D. student at the UAB.
- My area of Interest in neurorehabilitation – ambulatory care from physical therapy perspectives.
- Investigate Impacts of Virtual Reality Rehabilitation Programs on Walking Parameters in Post-Stroke.
- Familiar with the conduct of leaders.



RECENT ACHIEVEMENTS

- I wrote my leadership and mentoring philosophies.
- Collaborate with mentoring leaders in my research line.
- Win the People's choice award at the UAB three-minute thesis competition "3MT" 2019.



MENTORING LEADERSHIP STYLE

- Inspire shared vision and motivation.
- Encourage the heart.
- Coach.



MENTORING LEADER PHILOSOPHIES AND EXPERIENCES

- I Worked as a mentoring advisor for undergraduate students at Jouf University in Saudi Arabia for one academic year.
- I am a Research member in Stroke Walking and Balance CRU project SRC at the UAB.
- Successful leaders are those who believe in change and development.
- We all differ, but we should consider our differences as advantages that help each other's to achieve the best results.
- We are combining sufficient knowledge and skills with clear plans and vision that will enable us to achieve our goals.



GOALS, STRATEGIES, AND PLANS FOR A CURRENT MENTORING LEADER

- My current mentoring leader goals include; gain the proper knowledge and skills in my area of interest and learn comprehensively about mentoring relationships (i.e., learn more about mentoring strategies, styles, and different mentoring leader relationships).
- My current plans and strategies mainly include; attend course works and participate in lab performances.

CURRENT ACADEMIC MENTORING NETWORK

- Dr. David Brown, Associate Professor College of Health Profession Dean Vice President at UTMB.
- Dr. Carmen Capo-Lugo, Assistant Professor of Department of Physical Therapy at UAB.
- Nora Merkel, Academic advisor at Royal Embassy of Saudi Arabian cultural mission.



CONTACT INFORMATION

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