

# CURRICULUM VITAE

## ***FAHAD S. ALANAZI***

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### **Personal Data**

Date of Birth: 28 July, 1983

Nationality: Saudi Arabia

Marital Status: Married

### **Qualifications**

- PhD, Physical Therapy -2015  
Texas Woman's University-USA  
**GPA:** 3.5/4
- MS, Physical Therapy -2010  
University of Pittsburgh-USA  
**GPA:** 3.5/4
- BS, Physical Therapy -2006  
College of Applied Medical Sciences, King Saud University -Saudi Arabia  
**GPA:** 4.3/5

## Employment and academic appointments

- Teaching Assistant- King Saud University (2006-2007).
- Teaching Assistant- Jouf University (2007-2008).
- Assistant Professor- Jouf University (2015- Till now).

## Courses Taught:

- 1) Introduction to Physical Therapy Procedures 1:
- 2) Introduction to Physical Therapy Procedures 2:
- 3) Management and Arrangement of Physical Therapy Services:
- 4) Independent Study 1:
- 5) Clinical Studies 1:
- 6) Physical Therapy techniques 2:

## Conferences:

- Certificate of attendance the “ **Annual conference & Exposition of the American Physical Therapy Association**” held in Boston, MA, from June 16 through June 19, 2010 (**2.1 CEUs, 21 contact hours**)
- Certificate of attendance course of “ **Academic teaching**” ” held in Boston, MA, from June 16 through June 19, 2010 (**1.5 CEUs, 15 contact hours**).
- Certificate of attendance workshop of “ **Management & Leadership**” held in Washington D.C. February 12, 2013.
- Certificate of attendance workshop of “ **Generic Course Design**” held in Aljouf , Saudi Arabia. 26-27/2/1437 H.

## Professional Certification/Licensure

- Accreditation of Entry Level Physical Therapy Degree to Equal a U.S. CAPTE Program  
Foreign Credentialing Commission on Physical Therapy – 2013
- University of Pittsburgh  
English Language Program at – 2009  
TOEFL examination score 97 – 2009
- King Saud University  
Certificate of Completion of One Year Internship – 2007
- Physical Therapy Consultant, Saudi Arabia #14-R-A-0027749

## Language Skills

- Arabic: Native Language.
- English: Excellent ability to **read**, **write** and **speak** English.
- Spanish: Basic level.

## Rewards & Honors:

- **Outstanding Reward-** 2015-Saudi Arabian Cultural Mission, USA, Washington D.C

## Current Professional Membership:

- PT member \_ APTA (American Physical Therapy Association).
- PT member\_ SPTA (Saudi Physical Therapy Association).

## University Service: Committees

- E- Learning Unit, Chair- 2016
- Faculty Evaluation and Development committee, Chair-2016
- Higher Recruitment Committee, Chair (College of Applied Medical Sciences, and College of Pharmacy) - 2016

## Publications:

- **Alanazi Fahad**, Gleeson Peggy, Olson Sharon, Roddey Toni, Translation and Validation of the Arabic Version of the Fear- Avoidance Beliefs Questionnaire in Patients with Low Back Pain, *SPINE*, (2017), 42:7, 411-416
- Alserhany Hadeel, **Alanazi Fahad**, Effect of prolonged wearing high heeled shoes on occurrence of low back pain (LBP) and disability among females in ALJouf city, *International journal of Advanced Research*, (2015), 3:12, 1715-1722.
- Bahey El-Deen Heba, **Alanazi Fahad**, Ahmed Khalid, Effects of Inspiratory muscle training on Pulmonary functions and muscle strength in sedentary hemodialysis patients, *J.Phys. Ther. Sci*, (2018), 30, 424-427.
- **Alanazi**, F. Awareness and knowledge of physical therapy practice: a cross-sectional study in Saudi Arabia. *Journal of Allied Health*. In press

## Ongoing Research Activities:

- **Alanazi Fahad**, Alrwaily Muhammed , Cross cultural adaptation and validation of the Arabic version of the Orebro Musculoskeletal Pain Questionnaire. *Manuscript preparation*
- **Alanazi Fahad**, Thamer Altam, Exploring the prevalence of Low Back Pain in Saudi Population. *Manuscript preparation*
- **Alanazi Fahad**, Alabbad Ammar, Alonazi Zayad, Effects of the Whole body vibration on bone mineral density, muscle strength, and turnover in middle-aged and older men. ( Grant funding)
- **Alanazi Fahad**, Alabbad Ammar, Alrwaily Muhammed, Correlation between MRI findings and some neurological signs in asymptomatic individual. *Manuscript Preparation*.

## **Presentation & Workshops:**

### **Peer-reviewed presentations:**

- Assessing Physical Therapy Knowledge Among New Graduates in Saudi Arabia: Competency Examination across the Nation, Combined Sections Meeting, Denver, CO, Feb – 2020
- Cultural Adaptation and Validation of the Arabic Orebro Musculoskeletal Pain Questionnaire, Combined Sections Meeting, Denver, CO - Feb 2020